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<b>DAY 1</b> ARRIVAL IN PORTO
<b>DAY 2</b> LAMEGO
<b>DAY 3</b> CASTELO RODRIGO
<b>DAY 4</b> SALAMANCA
<b>DAY 5</b> PESO DA REGUA
v

## SALAMANCA

Today we visit historic Salamanca, one of the many UNESCO World Heritage Sites on this journey, regarded by many Spaniards as their nation's most beautiful city. Founded by the Romans, who erected its 389-yard-long bridge, Salamanca is mostly built from local sandstone that emanates a gorgeous rose-coloured glow in the sunlight. Perched on a hill on a bend in the serene River Tormes, the city is a picture of tranquillity but its history is turbulent, having been successively fought over by Hannibal, the Moors, then the Duke of Wellington and Napoleon.

Salamanca is dominated by its two cathedrals and its university. Founded in 1218, the university is the oldest in Spain and was one of the civilised world's most important seats of study for over 400 years. The Spanish Inquisition's



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## PESO DA REGUA

During breakfast, the ship slips its moorings and cruises towards Peso da Régua. One of the benefits of life aboard a river cruise is the sheer sense of relaxation it brings. There is plenty of time for a spot of pampering in the on-board spa, or simply watch the ever-changing scenery pass by from the comfort of the lounge. In the late afternoon you may wish to stroll along the quayside, watching the occasional river traffic or enjoying a coffee in one of the many cafés.

This evening we enjoy a truly authentic experience as we take the short drive to a traditional quinta for tonight's delicious dinner. You will have time to wander through part of the quinta's fertile estate, set in a beautiful location with spectacular views over the magnificent Douro landscape, before sampling a selection of its finest wines over dinner.



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<b>DAY 4</b> SALAMANCA
<b>DAY 5</b> PESO DA REGUA
<b>DAY 6</b> MATEUS PALACE
<b>DAY 7</b> PORTO
<b>DAY 8</b> RETURN HOME
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## MATEUS PALACE

This morning we visit the grounds of the splendid Mateus Palace. Anyone familiar with Mateus Rosé and its characteristic 'squashed' bottle will recognise the palace from the label. Whatever your opinion of the wine, it is an impressive 18th-century Baroque edifice, mirrored in its stunning pond, surrounded by landscaped French gardens. By the time we return to our ship, our chef and his team will be adding the finishing touches to another delicious lunch, ready to be served as we depart for Entre-os-Rios.

This afternoon is spent cruising. It's a perfect opportunity to avail yourself of some of the ship's range of five-star facilities - maybe a little gentle exercise in the fitness room before heading up to the Sun Deck to enjoy the ever-changing kaleidoscope of the Douro.

