



IMPORTANT NOTICE

KEEP FIT & EXERCISE

Joan Eacott is stepping down from leading the Keep Fit after 20 plus years, but still administrating the class.

Professional Instructor Kay Cartwright will take the class
Kay is a member of the Keep Fit Assn and has Level 1 & 2 qualifications with many years of experience

The session fee has not changed since it started and has been running at a loss for a long while.

The session fee will go up to £2 as from 5th September



GAMES

Bridge/Scrabble/Cards/Darts/Mah-Jong



This session fee has not changed since it started

The session fee will go up to £1 as from 5th September



REFRESHMENTS



The cost for Tea, Coffee or any other drink
will go up to 50p as from 5th September

Organisers Joan Eacott 704143 or Betty Burton 702501